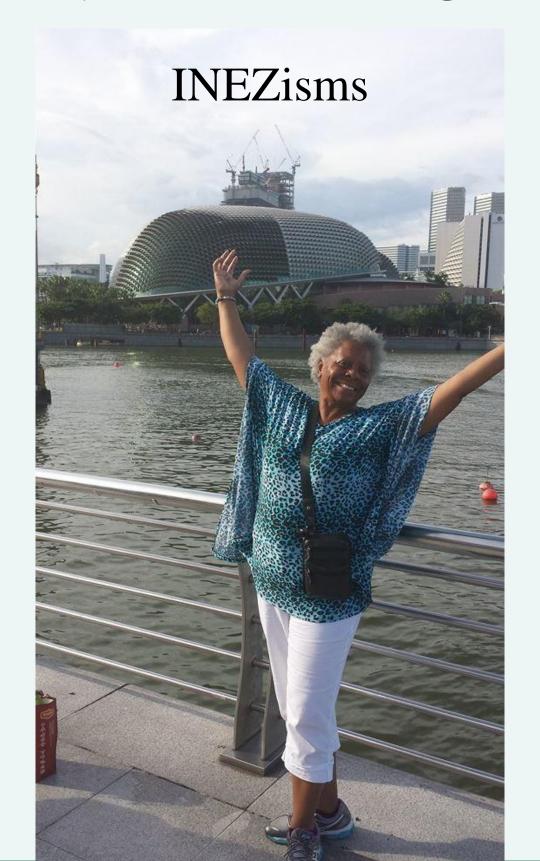
INEZ BRACY



INEZisms

BY

Inez Bracy

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Inezisms

Here are fourteen (14) days of "food for thought" to support you in becoming/being the person you know yourself to be. My hope for you is that you find comfort in using these words daily to keep strong when things go wrong, keep you focused when shadows come, and give you strength to go for your heart's desires. Beneath each day is a space for you to write your observations of the day.

- 1. Believe in all your heart that you are here for a reason.
- 2. You have the power of choice and with faith all things are possible.
- 3. Go outside and look at the beauty of nature.
- 4. Notice the pattern of the raindrops and the shape and size of the snowflake.
- 5. Practice honesty in ALL situations; even when it doesn't feel good!
- 6. What's stopping you from your vision?

